

## GENERAL INFORMATION

Stay active, healthy, and engaged in your community by participating in our ongoing and one-time program offerings at Pelham Parks & Recreation. Unlimited fitness classes are included with the cost of a Rec Center membership. Non-members must pay a small fee for each class attended. Memberships are available to Pelham residents and Pelham business owners/employees over the age of 19.

## MEMBERSHIP INFORMATION

### Individual Membership | \$100/Year or \$10/Month

Must be a resident of Pelham and at least 19 years old.

### Family Membership | \$200/Year or \$20/Month

Must be a resident of Pelham, immediate family, which consists of a couple and unmarried children under the age of 23.

### Corporate Membership | \$200/Year/Individual

Must be employed with a business or organization in Pelham.

### Silver Sneakers/Renew Active | FREE

Must present Silver Sneakers membership card or Renew Active activation code.

### Prime Fitness Membership | FREE

Must present Prime membership card at registration. The program is provided at no cost by your employer or health plan.

## RESERVATION & RENTAL INFORMATION

Facility Use	Cost	Deposit Info
Recreation Center*	\$2,540/Day	\$625 due 60 days prior to event
Gymnasium: 2 Regulation Courts*	\$200/Hour or \$750/Day	\$50 due 60 days prior to event
Gymnasium: 1 Regulation Court*	\$140/Hour or \$500/Day	\$50 due 60 days prior to event
Depot Conference Room	\$40/Hour	\$25 due 60 days prior to event
Multipurpose Room	\$75/Hour	\$25 due 60 days prior to event
Baseball/Softball Field Complex*	\$800/Day	\$200 due 60 days prior to event
Baseball/Softball Field (1)	\$80/2 Hours	
Baseball/Softball Field (Fungo)	\$80/2 Hours	Reservation required
City Park Baseball or Volleyball Pavilion	Free   2 Hours max	Reservation required

\*Site supervisor required/ \$40 per hour.

NOTE: Credit card must be placed on file at the time of reservation.

## HOURS OF OPERATION

Sunday	1:00 pm - 6:00 pm
Monday - Thursday	6:00 am - 9:00 pm
Friday	6:00 am - 8:00 pm
Saturday	7:00 am - 6:00 pm

## HOLIDAY HOURS & CLOSINGS

January 1 - New Year's Day	Closed
January 16 - MLK Day	8:00 am - 4:00 pm
April 9 - Easter	1:00 pm - 4:00 pm

## STAFF

### Brian Cooper, Director

bcooper@pelhamalabama.gov | 205.620.6417

### Alicia Walters, Assistant Director

awalters@pelhamalabama.gov | 205.621.4773

### Grant Sasser, Racquet Club Supervisor

gsasser@pelhamalabama.gov | 205.515.2994

### Kevin Tauber, Parks Supervisor

ktauber@pelhamalabama.gov | 205.620.6523

### Tabitha Dudley, Operations Supervisor

tdudley@pelhamalabama.gov | 205.620.6486

### Christian Holler, Recreation Coordinator - Athletics

choller@pelhamalabama.gov | 205.620.6522

### Charlie Sanders, Recreation Coordinator - Athletics

csanders@pelhamalabama.gov | 205.623.5784

### Jared Thornton, Recreation Coordinator - Athletics

jthornton@pelhamalabama.gov | 205.620.6525

### Kelsey Williams, Recreation Coordinator - Seniors

kwilliams@pelhamalabama.gov | 205.620.6064



## FACILITIES & PARKS

Recreation Center  
Pelham Greenway Trail  
City Park Complex  
Senior Center  
Dog Park  
Carroll Park  
Coker Park  
Fun Go Holler Park  
Creekview Neighborhood Park



Winter/Spring 2023

# PROGRAM GUIDE

## JANUARY - APRIL







## YOUTH SPORTS

### Spring T-Ball (Co-Ed) ⚾

Date(s): February - May  
Time: Any Day | 6:00 pm  
Location: Multiple Parks  
Age: 4 (on or before April 30, 2023)  
Cost: \$100  
Online or in-person registration:  
Now through January 18

### Spring Boys Youth Baseball ⚾

Date(s): February - May  
Time: Any Day | 6:00 pm & later  
Location: Multiple Parks  
Age: 5 - 12 (on or before April 30, 2023)  
Cost: \$170  
Online or in-person registration:  
Now through January 18

### Spring Girls Youth Softball ⚾

Date(s): February - May  
Time: Any Day | 6:00 pm and later  
Location: Multiple parks  
Age: 5 - 12 (on or before December 31)  
Cost: \$170  
Online or in-person registration:  
Now through January 18

### Start Smart Soccer (Co-ed) ⚽

Date(s): April 3 - May 22  
Time: Monday (8 weeks)  
5:30 pm-6:30 pm  
Location: Fun Go Holler Park  
Age: 3 - 5  
Cost: \$60  
Online or in-person registration:  
January 2 - March 3

### NEW Start Smart Basketball ⚾ (Co-ed)

Date(s): June 5 - July 31  
Time: Monday (8 weeks)  
5:30 pm-6:30 pm  
Location: Rec Center Gym  
Age: 3 - 5  
Cost: \$60  
Online or in-person registration:  
March 20 - May 12



# ONLINE REGISTRATION

www.pelhamalrecreation.gov

## Spring Youth Soccer (Co-Ed)

Co-ed Soccer ages 4-7  
U6 (age 4 & 5) - \$105  
U8 (age 6 & 7) - \$105

Girls & Boys Teams  
U9 (age 8) - \$115  
U10 (age 9) - \$115  
U11 (age 10) - \$115  
U 12 (age 11) - \$115

All teams have the potential to be co-ed depending on registration numbers.

ALL age groups may be combined, if necessary. Some players may play up.

REGISTRATION ENDS  
January 18, 2023

## Become a Youth Sports Coach

We're looking for volunteers for all youth sports with all levels of experience.

### NEEDED:

Head Coaches  
Assistant Coaches  
Team Parents

### SPORTS:

Basketball  
Baseball  
Cheer  
Football  
Volleyball  
Flag Football  
Soccer  
T-ball  
Softball

For more information, contact the Pelham Rec Center 205.620.6426



## ADULT SPORTS

### Indoor Morning Pickleball 🥎

Date(s):

- Session 1: January 2 - February 27
- Session 2: March 1 - April 28

Time: Monday, Wednesday, & Friday 8:00 am - 12:00 pm  
Location: Rec Center Gym  
Age: 14+  
Cost: Free (members) | \$15/session  
Online or in-person registration:  
Session 1 - December 16 (members)  
Session 1 - December 19 (non-members)  
Session 2 - February 17 (members)  
Session 2 - February 20 (non-members)

### Indoor Evening Pickleball 🥎

Date(s):

- Session 1: January 3 - February 28
- Session 2: March 7 - April 25

Time: Tuesday | 5:00 pm - 8:30 pm  
Location: Rec Center Gym  
Age: 14+  
Cost: Free (members) | \$5/session  
Online or in-person registration:  
Session 1 - December 16 (members)  
Session 1 - December 19 (non-members)  
Session 2 - February 17 (members)  
Session 2 - February 20 (non-members)

### Pickleball Clinic 🥎

Date(s): February 26  
Time: Sunday  
Beginner: 12:30 pm - 2:00 pm  
Adv. Beginner: 2:15 pm - 3:45 pm  
Adv. Beginner: 4:00 pm - 5:30 pm  
Location: Rec Center Gym  
Age: 16+  
Cost: \$18/person  
Online or in-person registration:  
January 2 - February 24

### Adult Pick-Up Basketball 🏀

Date(s):

- Session 1: January 8 - February 26
- Session 2: March 1 - March 29
- Session 3: April 2 - April 30

Time: Wednesday | 5:30 pm - 8:30 pm  
Sunday | 3:00 pm - 6:00 pm  
Location: Rec Center Gym  
Age: 18+  
Cost: Free (members) | \$10/non-members  
Online or in-person registration:  
Session 1: December 26 - February 26  
Session 2: February 22 - March 29  
Session 3: March 27 - April 30

### Adult Pickup-Up Volleyball 🏐

Date(s): March 6 - April 24  
Time: Monday | 5:30 pm - 8:30 pm  
Location: Rec Center Gym  
Age: 18+  
Cost: Free (members) | \$10/non-members  
Online or in-person registration:  
January 2 - March 6

## FITNESS

### Fitness Motivator: Marathon Month

Start 2023 out right and focus on your health and wellness with the Marathon Month Challenge! Work at your own pace, log your own time, hit your goal and receive a t-shirt upon completion.

Date(s): January 2 - January 31  
Time: Everyday | At Your Own Pace  
Location: Rec Center  
Age: 8+  
Cost: Free (members)  
Register online or in-person

### Barre 🧘

Date(s): January 3 - April 25  
Time: Tuesday | 5:30 pm - 6:30 pm  
Location: Rec Center  
Age: 14+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

### Body Sculpt 🧘

Date(s): January 7 - April 29  
Time: Saturday | 8:30 am - 9:30 am  
Location: Rec Center  
Age: 14+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

### Boot Camp 🧘

Date(s): January 4 - April 26  
Time: Wednesday | 5:30 pm - 6:30 pm  
Location: Rec Center  
Age: 14+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

### In-Trinity Warrior 1 🧘

Date(s): January 4 - April 26  
Time: Wednesday | 5:30 pm - 6:30 pm  
Location: Rec Center  
Age: 14+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

### Rev + Flow 🧘

Date(s): January 3 - April 27  
Time: Tuesday & Thursday 8:45 am - 9:45 am  
Location: Rec Center  
Age: 14+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

### Silver Sneakers/Renew Active Exercise Class 🧘

Date(s): January 4 - April 26  
Time: Wednesday | 1:00 pm - 2:00 pm  
Location: Rec Center  
Age: 65+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

### Silver Sneakers / Renew Active Yoga 🧘

Date(s): January 4 - April 26  
Time: Wednesday | 1:00 pm - 2:00 pm  
Location: Rec Center  
Age: 65+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

### Yoga 🧘

Date(s): January 2 - April 24  
Time: Monday | 5:30 pm - 6:45 pm  
Location: Rec Center  
Age: 14+  
Cost: Free (members) | \$5/class  
Online or in-person registration opens one week prior to class.

## SPECIAL EVENTS

### Kites and Bites 🪁

Date: March 12  
Time: Sunday | 3:30 pm - 6:00 pm  
Location: Pelham City Park  
Age: All ages  
Cost: Free  
No registration required.

### Paws in the Park 🐕

Date: April 2  
Time: Sunday | 2:00 pm - 5:00 pm  
Location: Pelham City Park  
Age: All ages  
Cost: Free  
No registration required.

### A Very Special Easter Egg Hunt 🥚

Date(s): April 4  
Time: Tuesday | 5:30 pm - 7:00 pm  
Location: Pelham City Park Football Field  
Age: For families of children with a disability and their siblings.  
Cost: Free  
Online or in-person registration required: February 20 - April 2

### Goat Yoga 🐐

Date: April 18  
Time: Tuesday | 5:00 pm - 7:00 pm (15-minute sessions)  
Location: Pelham City Park Football Field  
Age: All/Family  
Cost: \$5  
Online or in-person registration:  
January 2 - April 16

## Dance Classes for Children

Pelham Parks and Recreation has partnered with Tippi Toes® Dance Company to offer these fun and exciting classes for several ages and skill levels.

Tippi Toes® Dance Company cheerfully provides children with a fun, positive, and nurturing environment to experience the joy of dance, self-expression and movement.

### Toddler & Me

Date(s): January - May  
Time: Saturday | 10:00 am - 10:30 am  
Location: Rec Center  
Age: 18mo - 3yr  
Cost: \$55/month

### Ballet, Tap, Jazz

Date(s): January - May  
Time: Saturday | 10:45 am - 11:30 am  
Location: Rec Center  
Age: 3 - 5  
Cost: \$55/month

### Tippi Pro-Ballet & Jazz

Date(s): January - May  
Time: Thursday | 5:30 pm - 6:15 pm  
Location: Rec Center  
Age: 5 - 10  
Cost: \$65/month

To register, please visit  
www.tippitoesdance.com/birmingham  
and click "enroll now."

## QUESTIONS?

Contact Vallie at Tippi Toes  
vallie@tippitoesdance.com

## ART, FAMILY, & LEISURE

### Spring Family Night 🧑🧒

Date(s): April 21  
Time: Friday | 5:45 pm - Family Fun 7:00 pm - Hamburgers & Hot Dogs  
Location: Rec Center  
Age: All Ages  
Cost: \$2/Family members  
Online or in-person registration: January 2 - April 17

### Family Kickball Night 🧑🧒

Date(s): June 2  
Time: Friday | 6:00 pm - Kickball Game 7:00 pm - Pizza & Popsicles  
Location: Pelham City Park  
Age: All Ages  
Cost: \$2/Family members  
Online or in-person registration: January 2 - May 31



Explore Pelham to see what sets us a path apart.



## ACTIVE ADULTS

Registration at Senior Center

## Art & Leisure

### Crafting Together 🎨

Date(s): January 9, February 13, March 13, April 10  
Time: Monday | 1:00 pm - 2:30 pm  
Location: Senior Center  
Age: 55+  
Cost: Prices vary  
Registration opens at the beginning of each month.

### Drumming 🥁

Date(s): March 20  
Time: Monday | 1:00 pm - 1:50 pm  
Location: Senior Center  
Age: 55+  
Cost: Free  
Registration opens at the beginning of each month.

### Crochet 🧶

Date(s): January 6 - April 28  
Time: 1st, 3rd, 5th Fridays 10:30 am - 11:30 am  
Location: Senior Center  
Age: 55+  
Cost: Free  
Registration opens at the beginning of each month.

## Cards, Games & More

### Cards & Games 🎴

Date(s): January 2 - April 28  
Time: Everyday | 9:00 am - 3:30pm  
Location: Senior Center  
Age: 55+  
Cost: Free  
No registration required.

### Duplicate Bridge 🎴

Date(s): January 2 - April 24  
Time: Monday | 10:00 am - 3:00 pm  
Location: Senior Center  
Age: 55+  
Cost: Free  
Weekly advance registration required.

### Party Bridge 🎴

Date(s): January 4 - April 26  
Time: Wednesday | 10:00 am - 1:00 pm  
Location: Senior Center  
Age: 55+  
Cost: Free  
No registration required.

### "Refresher" Bridge 🎴

Date(s): January 10 - February 7  
Time: Tuesday | 11:45 am - 12:45 pm  
Location: Senior Center  
Age: 55+  
Cost: Free  
No registration required.

### Hand & Foot 🎴

Date(s): January 6 - April 28  
Time: Friday | 11:30 am - 1:30 pm  
Location: Senior Center  
Age: 55+  
Cost: Free  
No registration required.

## Socials & Special Events

### Line Dance Social 🕺

Date(s): March 10  
Time: Friday | 6:00 pm - 8:00 pm  
Location: Senior Center  
Age: 55+  
Cost: \$5  
Online or in-person registration:  
February 1 - March 8

### Men's Breakfast Club 🥞

Date(s): January 16, February 20, March 20, April 17  
Time: 3rd Monday | 8:30 am - 9:45 am  
Location: Pelham Senior Center  
Age: 55+  
Cost: \$1 + purchase your breakfast  
Registration opens on the first working day of the month prior.

### Health Expo 🩺

Date(s): April 20  
Time: Thursday | 10:00 am - 12:00 pm  
Location: Senior Center  
Age: 55+  
Cost: Free  
In-person registration: March 1 - April 19

## Fitness & Wellness

### Fitness Forward 🧘

Date(s): January 2 - April 24  
Time: Mondays | 10:30 am - 11:20 am  
Location: Senior Center  
Age: 55+  
Cost: \$2/class  
Register in-person on day of class.

### Line Dancing (Intermediate) 🕺

Date(s): January 3 - April 25  
Time: Tuesday | 10:00 am - 11:30 am  
Location: Senior Center  
Age: 55+  
Cost: \$2/class  
Register in-person on day of class.

### Line Dancing (Improver) 🕺

Date(s): January 3 - April 25  
Time: Tuesday | 11:45 am - 12:45 pm  
Location: Senior Center  
Age: 55+  
Cost: \$2/class  
Register in-person on day of class.

Pelham Senior Center



Pelham Senior Center  
50 Racquet Club Parkway  
Pelham, AL 35124  
Monday-Friday | 8:00 am-3:30 pm  
205.620.6064

### Line Dancing (Beginner) 🕺

Date(s): January 3 - April 25  
Time: Tuesday | 1:00 pm - 2:00 pm  
Location: Senior Center  
Age: 55+  
Cost: \$2/class  
Register in-person on day of class.

### Gentle Yoga 🧘

Date(s): January 4 - April 26  
Time: Wednesday | 12:00 pm - 1:00 pm  
Location: Senior Center  
Age: 55+  
Cost: \$2/class  
Register in-person on day of class.

### Pelham Promenaders 🚶

Date(s): January 4 - April 26  
Time: 1st & 3rd Wednesdays 1:15 pm - 3:15 pm  
Location: Senior Center  
Age: 55+  
Cost: \$2/class  
Register in-person on day of class.

### Tai Chi 🧘

Date(s): January 6 - April 28  
Time: Friday | 10:30 am - 11:30 am  
Location: Senior Center  
Age: 55+  
Cost: Free  
Register in-person on day of class.

### Let's Get Walking Spring Edition 🧘

Date(s): March 24 - April 28  
Time: Friday | 9:30 am  
Location: Outdoor walking trail at Pelham Rec Center  
Age: 55+  
Cost: Free  
Register in-person on day of class.



Pelham Parks & Recreation

PelhamParksRec

We proudly support the Americans with Disabilities Act and encourage participation by everyone. To request special accommodations in order to participate in our programs or use our recreation facilities, please call 205.620.6426.